



LINCOLN PARK BOAT CLUB

Rowing and Paddling Programming Schedule

May 2018

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5 am								
6 am				Berean Sculling				
7 am								
8 am						COMP	SCULL	
9 am							Rec	
10 am								
11 am						LTR	Nov	
12 am							Comp Sculling	
1 pm						Junior Boating		
2 pm								
3 pm	Masters Training			Masters Training				
4 pm								
5 pm	Junior Boating	Junior Boating	Junior Boating	Junior Boating				
6 pm								
7 pm	COMP	SCULL	LTR	Nov	COMP	SCULL	LTR	Nov
8 pm								

Program Name	Months	Location
Competitive Rowing	Apr - Oct	River
Masters Training	Apr - Oct	Lagoon
Junior Boating	Apr - Oct	Lagoon
Learn to Row	Apr - Oct	Lagoon
Recreational Rowing	Apr - Oct	River
Novice Team	Apr - Oct	Lagoon
Berean Sculling Clinic	Apr - Oct	Lagoon

Program Name	Months	Location
Competitive Sculling	Apr - Oct	Lagoon
SUP	June - Oct	Lagoon
Kayaking	May - Oct	Lagoon

Lagoon: Lincoln Park Boathouse
2341 N Canon Dr
Lincoln Park

Contact:
headcoach@lpboatclub.org or coaches@lpboatclub.org
More details on all of our programs can be found at lpboatclub.org

River: Chicago Park 571
2754 S Eleanor St
Bridgeport



LINCOLN PARK BOAT CLUB

Rowing and Paddling Programming Schedule Programming Overview

Member programming

Competitive Rowing

When: March - November; M, W, Sat
Where: Eleanor St. Boathouse, Bridgeport

Competitive Sculling

When: April - October; Tue, Sun
Where: Lincoln Park Boathouse

SUP & TRX Fitness & Performance

When: June - October; M, W
Where: Lincoln Park Boathouse

Novice Rowing

When: April - October; Tue, Thu, Sat
Where: Lincoln Park Boathouse

Senior Masters Rowing

When: May - October; T, Th, Su
Where: Eleanor St. Boathouse, Bridgeport

Sculling with Lev

When: April - October; W, Sat, Sun
Where: Lincoln Park Boathouse

Masters Sculling

When: May - September; Tue, Thu
Where: Lincoln Park Boathouse

Recreational Rowing

When: May - October; T, Th, Su
Where: Eleanor Boathouse, Bridgeport

Intermediate Small Boats and Sculling

When: May - October; M, W
Where: Lincoln Park Boathouse

Open Water Rowing

When: June - September; W, F
Where: Lincoln Park Boathouse

Public classes & lessons

Junior Boating

When: March - November; M - Sa
Where: Lincoln Park Boathouse

Learn to Row

When: April - September; Tue, Thu, Sat
Where: Lincoln Park Boathouse

Learn to SUP

When: June - September; Fri
Where: Lincoln Park Boathouse

Learn to Scull

When: June - September; various weekdays, Sunday
Where: Lincoln Park Boathouse

Learn to Row Intensive

When: Coming This Summer
Where: Eleanor Boathouse, Bridgeport

Private Lessons

When: April - October, open days and times
Where: Lincoln Park Boathouse

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RegattaCentral
www.regattacentral.com